

IT IS YOUR CHOICE

Tea Brewing Guide

Tea Type	 taste	 caffeine (mg/cup)	 tsp/grams	 tsp/grams	 temp	 time	 time
Green Tea	 Smooth, fresh & delicate	23-35mg	1 - 1.5tsp 5 - 7.5g	2 - 3tsp 10 - 15g	70-85°C	45 s - 1 min	3 infusions 20-40s/each
Flavoured Green Tea	 Sweet, fresh & delicate	23-35mg	1 - 1.5tsp 5 - 7.5g	2 - 3tsp 10 - 15g	80°C	2 min	3 infusions 20-40s/each
Oolong Tea	 Delicate, fruity & sweet	30-50mg	1 - 1.5tsp 5 - 7.5g	2 - 3tsp 10 - 15g	85-95°C	3 min	5/6 infusions 30-60s/each
Black Tea	 Strong, sweet & smoky	30-48mg	1 - 1.5tsp 5 - 7.5g	2 - 3tsp 10 - 15g	90-98°C	2-3 min	3 min infusion
Herbal Tea	 Varies	None	1.5 - 2tsp 7.5 - 10g	2 - 3tsp 10 - 15g	100°C	5 - 6 min (hot) 8 - 15 min (iced)	5 - 7 min (hot) 15 - 25 min (iced)

Thank you for shopping at Reaching Out. This item you have purchased has been hand-crafted by our artisans with disabilities. Thank you for your support.

At Reaching Out, we use the highest quality standards to select and prepare our tea and proudly bring to you only the very best in taste and quality.

- Vietnamese Organic Green Tea
- Oolong Tea: Private Production
- Country Jasmine Green Tea
- Organic Red Lantern Herbal Tea
- Organic White Lantern Herbal Tea
- Snow Mountain Green Tea of Vietnam
- Tastes of Vietnam 4 Organic Tea Sampler

Reaching Out teaware:

All teaware is handmade at our craft shop. We offer a variety of excellent handmade teapots, mugs, kettles and accessories for brewing and serving tea, since teaware and presentation are a major part of the "tea experience". Visit our online shop to browse for unique Vietnamese gifts and learn more about Reaching Out, our artisans and how our products are made.

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Hot Tips:


- If stronger flavor is desired, add more tea, not time. Highlighted teas will taste bitter if infused longer than the suggested time.
- When making iced tea, follow iced tea measurement, time and temperature, then dilute over ice
- If brewing 2 or more teas together, follow instructions for the tea with the shortest time and lowest temperature.
- After you have opened your bag, transfer your loose leaf tea to an opaque, airtight container to maintain maximum freshness, away from strong-smelling items.

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